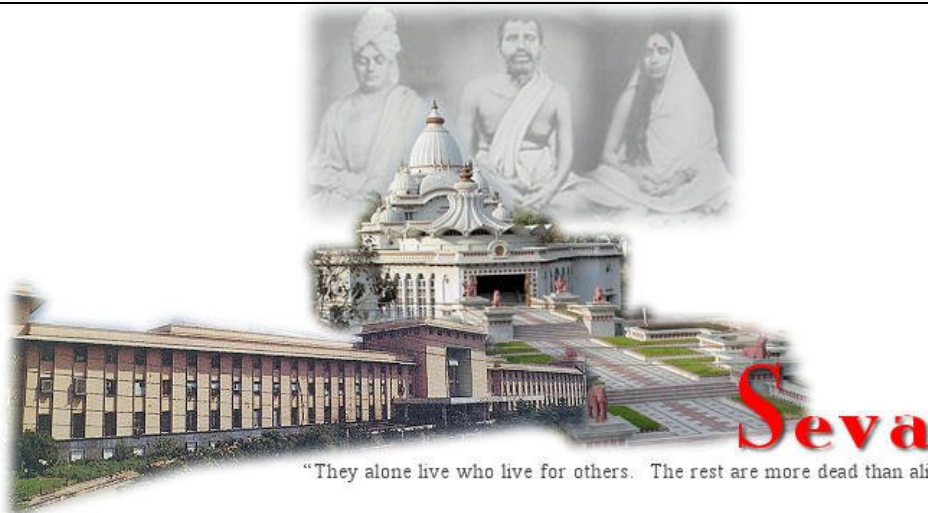




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“They alone live who live for others. The rest are more dead than alive.”

Ramakrishna Math & Ramakrishna Mission Sevashrama

Math : Nirala Nagar, Lucknow – 226 020, Uttar Pradesh

Hospital : Vivekananda Puram, Lucknow – 226 007, Uttar Pradesh

Phone Nos. : Math : (0522) 278-7143, 278-7191, Fax & Phone No. : (0522) 278-7168

Hospital : (0522) 237-1233, 232-1277; Fax: (0522) 238-5574

E-mails : rkmvplko@sancharnet.in ; rkmvplko@rediffmail.com

Website : www.ramakrishnalucknow.org

Polyclinic News

Ramakrishna Mission Sevashrama, Lucknow runs the Vivekananda Polyclinic, a 350 bedded multi-speciality community hospital, with the objective of providing quality healthcare at the lowest cost to all patients and to provide charity services to deserving persons from lower socio-economic strata.

Independence Day Programme and rechristening as Vivekananda Polyclinic & Institute of Medical Sciences

On the occasion of Independence Day, Swami Muktinathananda announced during his Independence Day address the renaming of VPC as “VIVEKANANDA POLYCLINIC & INSTITUTE OF MEDICAL SCIENCES” with the approval of Belur Math to bring the name in tune with its academic activities.

Vivekananda Polyclinic becomes the first hospital in Lucknow, after SGP GIMS, to have Total Hospital Management System (HMS)



In its endeavor to provide efficient medical care through computer-based operations, VPC through Tata Consultancy Services (TCS) launched in 2002, the process of computerization-TCS developed and implemented Tata HMS, built up capacity and trained hospital personnel to become self-reliant. In a simple but elegant and brief function on August 3, 2006, Mr Jayant Krishna, Regional Manager and Ms Monika Mittal, Project Manager, T.C.S., handed over the system completely to Swami Muktinathananda, Secretary – VPC.

Tata HMS is a comprehensive user-friendly hospital automation package serving different functional areas of healthcare. It has Graphical User Interface and security at multiple levels. It has reduced processing time for OPD registrations from 4-5 mts. To 1 minute per client and greatly improved billing & account settlement systems apart from other functions. A further development has been direct on-line indenting from Neurosurgery to Pharmacy and supply from there.

Rare Lung Surgery performed

Dr. M.N. Khanna, HOD – CVTS – VPC aided by his team and Anaesthetists, performed rare chest surgery on a 33 year old Ms. Bhagwati Devi of Nepal on 24 August, 2006 to remove a big teratogenous cystic mass from lung which was pressing on the heart. The fluid of the cyst contained silver flake like material. Such teratogenous mass is very rare, occurring in about one per lac cases. The patient has progressed well.

Dr. K.B. Jain returns from training in treatment of morbid obesity at New York University Medical Centre (NYUMS)

Dr K.B.Jain, Laparoscopic and General Surgeon, Vivekananda Polyclinic, Lucknow attended NYMUC in U.S.A. as an Observer from 8th August to 18th August 2006 to learn surgical management of Morbid Obesity in the dedicated unit headed by Dr. George Fielding. Aply assisted by Dr. Christine Rene and others, they have the distinction of doing the largest number of gastric band surgeries in U.S.A. In India, Obesity & Morbid Obesity,



are increasing rapidly following life style and dietary changes. Now that Dr. Jain has acquired the know-how first-hand, Vivekananda Polyclinic plans to start surgical management of Morbid Obesity soon.

Uncommon Craniofacial Surgery – Case Of HYPERTELORISM Operation

During September 2006, on a 3 yrs old patient with Mid-line Hypertelorism was operated successfully. This Craniofacial surgery was performed with the combined efforts of Deptt. of Plastic, Craniofacial & Micro Surgery & Deptt. of Neuro Surgery. After CRANIO.CON – 2006, such craniofacial surgeries are done routinely but this was a first of its kind.



Pre-operative



Per-operative



Post-operative

Deptt. of Plastic, Craniofacial & Micro Surgery performs functional cosmetic corrective surgery

The department, already well-known for its philanthropic Smile Train project bringing smile to Cleft Lip & Palate children, also regularly undertakes other cases. Two unusual cases operated successfully in August 2006 are reported below:

1. An 18-yr old male patient, who had Hemi-facial Atrophy, was operated. Micro vascular transfer of tissue, bone remodeling and advanced Genioplasty were all done in the same operative session to shape the chin and rejuvenate his face. Commonly such correction is spread over 2-3 operative sessions.



Pre-operative



Intra-operative



Post-operative

2. A 35-yr male patient had Post Burn Contracture in the Dorsum of right hand. Full contracture release and coverage with Micro vascular Temporal Flap was done and now physiotherapy has been started to give a good functional cosmetic result.



Pre-operative



Intra-operative



Post-operative

Another Landmark in Surgery

Highest number of Surgical Operations, ever, 471, were performed in September 2006. Also qualitatively more complex cases were undertaken, as exemplified above.

Workshop on HIV/AIDS

A 3-hour special Workshop on HIV/AIDS was inaugurated by Swami Muktinathananda on 18th August, 2006 organized jointly at VPC by Clinton Foundation, USA and NACO and IMA India to spread awareness & correct information about the deadly disease. The workshop meant for 50 registered doctors was in addition attended by a large number of nursing and paramedical personnel of the Hospital. The workshop started with a pre questionnaire session followed by training consisting of 9 modules covering various aspects of H.I.V.problem–Epidemiology, Transmission, Testing, Presentation of Symptoms, treatment with ARVs and resources for physicians. It concluded with a post questionnaire session and distribution of study material and certificates.



CANDIES–2006: conference of antenatal diagnosis, its importance & emerging strategies

Department of Pediatrics, in collaboration with Paediatric Surgery and Obstetrics & Gynaecology departments organized a one-day Conference on 26 August, 2006 for Neonatologists, Pediatricians, Obstetricians and Paediatric Surgeons to focus upon antenatal diagnosis of intrauterine and genetic abnormalities, if any, in the fetus so as to plan management strategy for intervention in intrauterine or neonatal period at the ideal time for best result.



The Conference, attended by over 100 delegates, was inaugurated by Swami Sarvlokanda, Secretary, Ramakrishna Mission Seva Pratishthan, Kolkata. Prof. Dilip Mukerjee, Kolkata, ex-President, Indian Academic of Paediatrics was the Chief Guest. VPC already has a functioning level III NICU, PICU and Paediatric Surgery set-ups and regularly treat various ailments of newborn and children.

A new beginning: on-line supply of medicines to Neurosurgery Ward

In a major initiative to reduce hassles for inpatients, on-line indenting and supply of medicines from Hospital pharmacy to Neurosurgery Ward patients, has been introduced as a model venture. This has eliminated the necessity of patients' attendant rushing to Hospital Pharmacy, wait there and bring back medicines. The expenditure is credited into patients bill and left-over medicines, if any, are returned at the time of discharge and adjusted suitably in the final bill. Doctors and Ward staff suitably inform the party to keep adequate positive balance. The system is running now for over a month and unforeseen problems are being ironed out.

OUT REACH HEALTH CARE

Free Medical Camp at Mahmoodabad, Distt. Sitapur - A free Health Check-up Camp was organized by Vivekananda Polyclinic, Lucknow on 10.09.2006 at Maulana Azad Institute of Humanities Science and Technology, Railway Station, Mahmoodabad. The camp started at 9:00 am and ended around 6:30 pm and around 3000 patients were examined. In the camp Orthopaedic, Gyanaecology, Paediatrics, Medicine, Ophthalmology patients were seen by Specialists from Polyclinic and provided due medical consultation. Fifteen Cleft lip and Cleft Palate patients were registered at the camp, who will soon be operated free of cost at Vivekananda Polyclinic under The Smile Train Project. Other patients with congenital deformities were also seen including a rare case of Meningoencephalocele.

Free medicines were distributed and immunization of children done for Paediatric patients. All The patients registered in the camp, were assured 10% discount for further treatment in future if they come to the Polyclinic.



Patient with Meningoencephalocele



Patient with Cleft Lip

Rural Health Programme (RHP) – VPC team comprising two general physicians, one Ophthalmologist, one Gynaecologist, one Dental Surgeon, one Ayurvedacharya, one DNB trainee and paramedical staff with equipment and machines continued their programmed visits to HARPAN ATARIA on Wednesdays and Saturdays, MEHAORA on Mondays FN and KATRA BAKKAS on Mondays AN in Lucknow District and RAMVANKUTIR on Thursdays in Barabanki District and saw patients as below:

	Allopathy	Gynae & Obstetrics	Eye	Dental	Ayurved
NEW	1500	67	596	72	262
OLD	3590	133	917	139	363

Consultation and treatment was given free and total 456 cases – 50 general, 196 cataract/eye cases and 210 others - were referred to VPC for specialized treatment.

On-site general health care services - on Tuesday and Fridays out reach health care services were provided at Birbal Sahni Institute of Palaeobotany, Lucknow.

MEDICAL EDUCATION NEWS

- Pre-accreditation Inspection for Radiology was done by Prof. Dr. V.P. Narayan, Chennai, on 27th September, 2006.
- Selection of 2nd Batch (August 2006) of Family Medicine held and 4 students were selected and joined .
- Selection of General Surgery (September 2006) was also held and one candidate has joined.
- One candidate was selected for one vacant seat of General Medicine

Vivekananda College of Nursing Celebrates 1st Foundation Day

The first and the only Nursing College in UP so far, celebrated its first foundation day on 10 August, 2006 by organizing a 4-hour symposium on 'The Nurses Role in Disaster Management'. It concluded with a lively discussion. In the evening, Nursing College Students organized a lively variety cultural programme in the Shrine Hall.



Charitable News

- RHP, detailed above, is a totally free service. 70 free IOL implantations & 14 other free eye operations done, 3241 patients were treated totally free and 96 partially free from OPD.
- 46 children having cleft lip and palate were operated and treated free under Smile Train Project.
- A nominal OPD registration charge of Rs.10/- only and bed charges of Rs.30/- per day only charged from all general patients.
- A free Glass of hot milk from Math Dairy is distributed every morning to general patients.
- A free glass of milk and nutrients (bun/banana) are distributed to nearby children each afternoon.
- Medicines are sold at 5% discount with the provision of reimbursement for unused medicines.

Math News

Sri Sri Durga Puja Celebration

As in previous years, Sri Sri Durga Puja was celebrated at the Math with due solemnity and grandeur. Thousands of devotees and visitors from far and near participated in the Puja and took Prasad everyday during the celebrations. Kumari Puja, held in the morning of the Mahashtami, drew the maximum crowd which was followed by Sandhi Puja in the early hours of the following morning. The special highlights of this year's celebration included Close Circuit T.V., Cultural Programme (Violin, Sarod and Vocal Music). Colourful stalls and the decorated bookstall Counter. Large number of volunteers coming from different places worked round the clock to make the celebration a grand success.



Programme Calendar : October & November - 2006

Weekly Discourses

Sundays - 9:00 a.m.

October	8, 29	On the Gospel of Sri Ramakrishna by Swami Muktinathananda
November	5, 12, 19, 26	

Fridays - 10.30 a.m.

October	6, 13, 20, 27	On the Gospel of Sri Sarada Devi by Swami Muktinathananda
November	3, 10, 17, 24	

Fridays - After Arati

October	13, 20, 27	On Srimat Bhagavad Gita by Swami Muktinathananda
November	3, 10, 17, 24	

alternate Sundays - 4.00 p.m.

October	8, 22	Personality Development Forum for youth - conducted by Swami Muktinathananda & Swami Pararupananda
November	5, 19	

October Other Festivals and Discourses

6	Friday	Lakshmi Puja – starting at 6.45 p.m.
21	Saturday	Sri Sri Kaali Puja - starting at 6.45 p.m. for whole night.
31	Tuesday	Temple Dedication Day – details at Math Office.

November Other Festivals and Discourses

2	Thursday	Swami Subodhananda Jayanti - discourse after evening aarati.
4	Saturday	Swami Vijnanananda Jayanti - discourse after evening aarati.
29	Wednesday	Swami Premananda Jayanti - discourse after evening aarati.

Sankirtan after Evening Arati

	Ramnam	Shyamnam	Devinam
October	3 (Tue), 17 (Tue)	-	22 (Sun)
November	2 (Thu), 16 (Thu)	5 (Sun)	20 (Mon)

Appeal

Continuance and expansion of the aforesaid activities of the Ramakrishna Math and Ramakrishna Mission Sevashram, Lucknow largely depends on the benevolent participation of the noble-hearted. We, therefore, appeal to one and all to contribute their mite for selfless service of the common people. Any amount will be thankfully received and gratefully acknowledged. Contributions for the Math and the Mission may kindly be sent by M.O. or Cheque / Draft in favour of Ramakrishna Math, Lucknow or Ramakrishna Mission Sevashram, Lucknow respectively. Donations are exempt from payment of Income Tax under Section 80G.