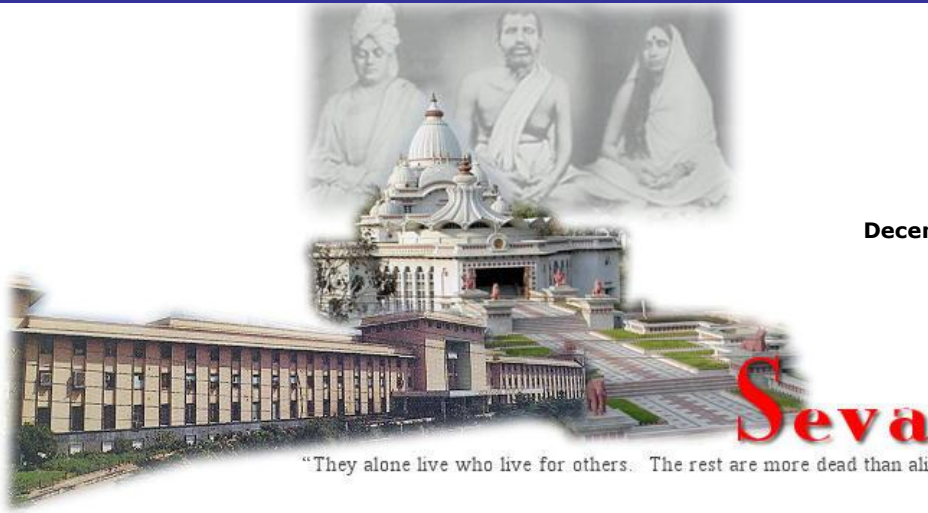




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“They alone live who live for others. The rest are more dead than alive.”

Math News

The Birth Anniversary of Holy Mother Sri Sarada Devi and Swami Vivekananda were celebrated at the Math with a series of colourful functions besides observations of Christmas Eve, Kalpataru Utsav, Annual Youth Day and Sri Sri Saraswati Puja. An Inter-faith Goodwill Conference was also held on the New Year Day where representatives of various religions deliberated on the central theme of Harmony of Religions. In addition, special discourses were arranged on the Birthday Celebrations of Swami Shivanandaji, Swami Saradanandaji, Swami Turiyanandaji, Swami Brahmanandaji & Swami Trigunatitanandaji Maharaj while Ramnam, Shyamnam and Devnam Sankirtan were held on Ekadashi, Purnima and Amavashya days respectively.



This year, the special highlights of 145th Birthday Celebration of Swami Vivekananda were (a) Special Youth Programme participated by more than 300 school children on 12th January followed by (b) A Two days Intense Workshop on 'Ethics, Leadership and Indian Ethos' for senior administrators, (c) A Youth Convention on 'The Making of Leaders for the Future India' and (d) Yogasana demonstrations by a band of trained youth of Vivekananda Balak Sangha, Lucknow.

Polyclinic News

Ramakrishna Mission Sevashrama, Lucknow, runs the Vivekananda Polyclinic & Institute of Medical Sciences, a 350 bedded multi-speciality community hospital, with the objective of providing quality healthcare at the lowest cost to all patients and to provide charity services to deserving persons from lower socio-economic strata.

Republic Day

Swami Muktinathananda hoisted the National Flag in the presence of officers, doctors and employees of Math and Polyclinic and explained the need for self-discipline and responsibility of each citizen, beautifully merging it with the ideals and values enunciated by Swami Vivekananda and their continuing relevance in our daily lives and the functioning of Polyclinic.



Swami Vivekananda's Birth Anniversary Celebration

The 145th anniversary of Swami Vivekananda was observed through Rogi Narayan Sewa, where Inpatients in various wards were worshipped with flowers, fruits etc.

ATM facility started

State Bank of India has started an ATM facility at VPIMS to facilitate cash withdrawals by patients, attendants and staff. The facility was formally inaugurated on 30th December, 2006 in the presence of Sri Shiv Kumar, CGM, State Bank of India.



Continuing Medical Education

- Dr. SANJAY YAJNIK, MD, PRD, Assist. Physician Mach. Gen. Hospital and Assistant Professor of Medicine, G.I. Unit, Harvard Medical School, Boston, USA, visited the Hospital on 6th December, 2006 and conducted a problem-oriented workshop attended by Faculty and DNB students.
- DR. HUMAYON ZAHEER, MD, FACS, Consultant Anaesthetist, County Hospital, TRALEE, IRELAND, visited the Hospital on 14th December and interacted with DNB Anaesthesia students.
- Two seminars in Paediatric Psychology, on "PERVASIVE ENVIRONMENTAL DISORDERS" and "LEARNING DISABILITY and DYSLEXIA" were held on 20-12-2006 and 11-01-2007.



NEW INVESTIGATIVE FACILITIES ADDED . . .

Pathology

- A state-of-art **automated system for culture of blood and sterile body fluids** like C.S.F. (Bact T/ ALERT 3 D 60), US - FDA approved, non-radio metric, continuous monitoring system has been installed in the Department of Pathology. Results of the culture will be available in 4 hours.
- Another **fully automated random access biochemistry analyzer**, ERBA XL-300 and automatic multi-parameter blood cell counter, Sysncex KX-21, have been installed to upgrade biochemistry and haematology sections of the department of Pathology.
- A **High Speed Centrifuge** (>10,000/ minute) has been installed in the immunology section for separation of cell-free plasma/serum especially indicated in microparticle enzyme immune assay (MEEP) and Fluorescence Polarization Imunoassay (FPIP) technology.



Radiology : Digital X Ray introduced

Vivekananda Polyclinic & Institute of Medical Sciences, Lucknow, covered yet another milestone in its constant endeavour to improve patients' services by installing a Computerized Radiography System, commonly called Digital Radiography. This is a new technique in which the old traditional, cumbersome, chemical-based, silver-halides film for screen radiation system is replaced by a photoelectric receptor technique controlled by a computer.

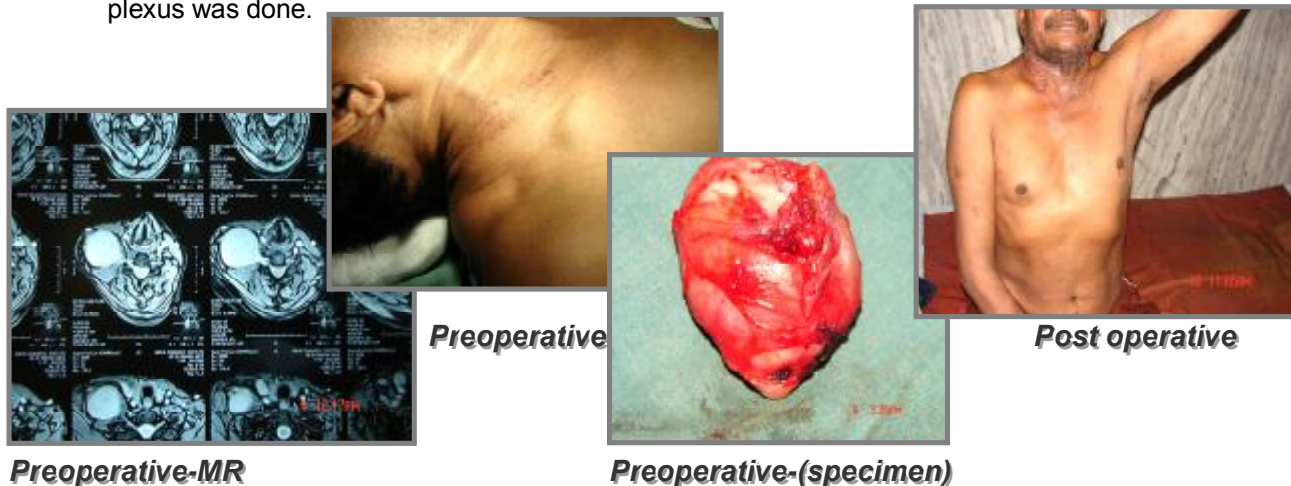
Orthopaedic News

- Joint Replacement & Arthritis clinic started in VPIMS For giving new life to the patients suffering from Arthritis, Vivekananda Polyclinic & Institute of Medical Sciences opened a new Joint replacement and arthritis clinic on 17th Dec, which will run between 12.00 to 2.00pm on all weekdays. Mayor Dr. Dinesh Sharma inaugurated the clinic. Swami Muktinathananda, Secretary of the hospital said that VPIMS having been the first in the North to introduce Computer Navigation for Joint replacement, is now the first to have a dedicated arthritis and Joint replacement clinic in U.P.
- Department of Orthopedics also unveiled a new hip procedure called Micro Hip, which will help in minimal tissue trauma to the patients. Dr. Sachin Tapasvi, an eminent surgeon from Pune, demonstrated the procedure.
- **Department of Orthopaedics has been renovated** to meet the influx of increased numbers and variety of patients and their special requirements. Department is also running Arthroscopy and sports Injury clinic, first of its kind in U.P.



News from Department of Plastic, Craniofacial & Micro Surgery

- **The Smile Train Project** providing free surgeries to children with Cleft Lip & Cleft Palate, started at Vivekananda Polyclinic on March 01' 2005, continues to forge ahead. During November & December 2006, 41 & 55 surgeries were done respectively under this project.
- Inauguration of the expanded Deptt. of Plastic, Craniofacial & Micro Surgery is scheduled to be on 20 February 2007. A workshop will also be organized on this occasion in which International faculty will be participating.
- The department continues doing other Surgeries as well. A 59 yrs old male patient with the diagnosis of **Brachial Plexus Tumor/Schwannoma** was operated. The tumor was involving C5-6 trunks for which neurotization with part of spinal accessory nerve and muscular branches of cervical plexus was done.



Most Revered Swami Gitananda ji Maharaj visits VPIMS

Srimat Swami Gitananda ji Maharaj, Vice President of Ramakrishna Math and Ramakrishna Mission, Belur Math, visited the Lucknow Ashrama from December 1st to December 6th, 2006. During his stay at Lucknow, he visited Vivekananda Polyclinic & Institute of medical Sciences on December 2nd and blessed the Polyclinic staff and devotees.



RURAL HEALTH PROGRAMME

Programmed visits to HEERPUR ATARIA on Wednesdays and Sundays, MEHAURA and KATRA BAKKAS on Mondays FN & AN in Lucknow district and RAMVAN KUTIR on Thursdays in Barabanki district were continued by Vivekananda Polyclinic & Institute of Medical Sciences team comprising General physician, ophthalmologist, Gynecologist, Dental surgeon, Ayurvedacharya, DNB trainee and paramedical staff carrying requisite equipment and medicines. Following number of patients were seen :

Type	Allopathy	Gyn & Obs.	Eye	Dental	Ayurved
New	2733	183	1962	138	435
Old	6456	252	1453	298	636

VPIMS introduces TPA

Vivekananda Polyclinic has opened a separate cell for Third Party Administrator (TPA) i.e. compensation under various health insurance schemes. Dedicated counselors have been appointed to help take care of the complete process for insurance claims, approvals etc, giving peace of mind to patients. This will help the needy to get right treatment without hassles.

Charity Activities

- RHP statistics, given above, is a totally free service.
- A total of 584 patients were treated totally free as Inpatients.
- In outpatients, 6493 persons received totally free and 346 partially free treatment.
- 557 cataract operations, including IOL implantations, and 6 other cases were performed free.
- Smile train continues to forge ahead and 96 children with cleft lip and/or palate were operated free.
- General patients pay a token charge of Rs.10/-only and bed charge of Rs.30/-only per day.
- Milk and nutrients (bun/banana) from Math are distributed to nearby children every afternoon.
- A free glass of hot milk from Math Dairy is distributed every morning to patients in general beds.
- Pharmacy sells medicines at 5% discount to cash paying customers.

Upcoming Programme Calendar (MATH) : February & March - 2007

Weekly Discourses

Sundays - 9:30 a.m. in February & 9.00 a.m. in March

February	4, 11, 18	On the Gospel of Sri Ramakrishna by Swami Muktinathananda
March	11, 18, 25	

Fridays - 10.30 a.m. in February & 10.00 am in March

February	2, 9, 23	On the Gospel of Sri Sarada Devi by Swami Muktinathananda
March	2, 9, 16, 23, 30	

Fridays - After arati

February	9	On Srimat Bhagavad Gita by Swami Muktinathananda
March	2, 9, 16, 23, 30	

Other Festivals and Discourses

February

2	Friday	Swami Adbhutananda Jayanti - discourse after evening arati.
16	Friday	Maha Shivaratri – worship to continue throughout the night.
19	Monday	BHAGAVAN SRI RAMAKRISHNA DEVA JAYANTI (details available at Math Office).
25	Sunday	Spiritual Retreat – details available at Math Office.

March

3	Saturday	Sri Chaitanya Mahaprabhu Jayanti - discourse after evening arati.
8	Thursday	Swami Yogananda Jayanti - discourse after evening arati.
27	Tuesday	Sri Ramachandra Jayanti - (special puja & homa from 8 a.m.; discourse after evening arati).

Sankirtan after Evening Arati

	Ramnam	Shyamnam	Devinam
February	13 (Tue), 27 (Tue)	2 (Fri)	17 (Sat)
March	15 (Thu), 29 (Thu)	3 (Sat)	19 (Mon)

Appeal

Continuance and expansion of the aforesaid activities of the Ramakrishna Math and Ramakrishna Mission Sevashram, Lucknow largely depends on the benevolent participation of the noble-hearted. We, therefore, appeal to one and all to contribute their mite for selfless service of the common people. Any amount will be thankfully received and gratefully acknowledged. Contributions for the Math and the Mission may kindly be sent by M.O. or Cheque / Draft in favour of Ramakrishna Math, Lucknow or Ramakrishna Mission Sevashram, Lucknow respectively. Donations are exempt from payment of Income Tax under Section 80G.

Ramakrishna Math & Ramakrishna Mission Sevashrama

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