



“They alone live who live for others. The rest are more dead than alive.”

Polyclinic News

Ramakrishna Mission Sevashrama, Lucknow, runs the Vivekananda Polyclinic & Institute of Medical Sciences, a 350 bedded multi-speciality community hospital, with the objective of providing quality healthcare at the lowest cost to all patients and to provide charity services to deserving persons from lower socio-economic strata.

ANNUAL SPORTS 2006-07



Ramakrishna Mission Sevashrama has a unique practice of observing indoor & outdoor competition for employees and family members of Math, Mission and Nursing School & College once every year beginning in December and culminating on the 18th February with prize distribution on 'The Dedication Day', to promote healthy inter-personal relations among staff, students, doctors and officers. Dr. Himanshu Krishna (Neuro Surgeon) and Ms. Alam Ara Khatun (Staff Nurse) were adjudged the best sports persons of this year.



LAMP LIGHTING CEREMONY



Forty five First Year B.Sc. (Hons.) students took their vows of value oriented dedicated services during the 2nd Lamp Lighting Ceremony of Vivekananda Polyclinic College of Nursing on 17th February, 2007. Swami Tyagatmanandaji Maharaj, Secretary, Ramakrishna Mission Sevashrama, Allahabad presided over the function while Ms. Mahasweta Bose, Principal, West Bengal College of Nursing, Kolkata was the Chief Guest who addressed them and gave away the prizes.



VPIMS OBSERVES DEDICATION DAY

Sri Arun Kumar Misra, IAS, Principal Secretary, Medical & Health and Dr. S.S. Srivastava, Director, Health Services, U.P. Govt., were respectively the Chief Guest and Special Guest during the 38th 'Dedication Day' ceremony of VPIMS on 18th February. Swami Muktinathananda, Secretary, RKMS, Lucknow during his welcome address reiterated the commitment of VPIMS, in keeping with Swami Vivekananda's teachings. Dr. C.B.Agnihotri, Medical Superintendent., presented annual report of the Hospital and Dr. S.C. Rai, President, Ramakrishna Mission Sevashrama Managing Committee proposed the Vote of Thanks.

CME: As part of the 'Dedication Day' celebrations, a Continuing Medical Education programme was organized on 14th February, 2007 in which Prof. A.R. Sircar, Ex. HOD, Medicine, King George's Medical College, Lucknow was the Chief Guest. In a significant departure from past practice, all presentations were made by DNB students of VPIMS moderated by distinguished Chairpersons, viz. Prof. P.K.Misra, Prof. S.S.Agrawal, Prof. K.D. Verma and Prof. S. Yajnik.



NEW PLASTIC SURGERY WARD & OPERATION THEATRE STARTED

A new Smile Train-sponsored 25-bedded Plastic Surgery Ward with attached Minor Operation Theatre and Seminar room was inaugurated on 20th February, 2007 by Sri Naresh Agrawal, Transport Minister, U.P., who recalled his association with Polyclinic and promised to provide free space on buses and bus stations to spread awareness among cleft lip and palate patients about the free facilities provided under the project at VPIMS. Prof. B.M. Daver, Ex-HOD, Grant Medical College, Mumbai & Medical Advisor, The Smile Train Project, South Asia and Mr. Satish Kalra, Regional Director of Smile Train were present as Guests of Honour. They



promised to continue to support the excellent work being done by VPIMS. Prof. Daver also demonstrated a Rhinoplasty operation. Earlier, Dr. I.T. Jackson, Programme Director, Providence Hospital, U.S.A. and Medical Advisor, The Smile Train Project, visited VPIMS on 18th February, 2007 and specifically inspected the new Plastic Surgery Ward and O.T. and appreciated the services.

INAUGURATION OF MEDICAL ONCOLOGY UNIT

A Medical Oncology Unit with daily out patient consultations, in-patient treatment and 4-bedded Day Care Chemotherapy Facility was inaugurated on 24th March, 2007 at Vivekananda Polyclinic & Institute of Medical Sciences, Lucknow by Padmashree Dr. Khalid Hameed, High Sheriff of Greater London who has recently been honoured with Lordship by the Queen of England. The Chief Guest, Dr. Khalid Hameed who is the Chairman of the Alpha Hospital Group and also Chairman & Chief Executive Officer of the London International Hospital for cancer, heart & brain, praised the dedicated services of the staff of Vivekananda Polyclinic and wished a great future of the newly started Medical Oncology Unit. He emphasized that modern health care system will have to be continuously upgraded with newer techniques and more advanced equipment. He foresaw that soon a time may come when the essential hospital services will be performed with Robots ensuring more precision and accuracy. He also stressed the need for inter-faith harmony towards making this world a better place of habitation. Padmashree Dr. S.C.Rai, President, Managing Committee, Ramakrishna Mission Sevashrama, Lucknow especially thanked Dr. Khalid Hameed to extend his hands of co-operation for promotion of health-care services in this part of the country. The unit is being run by Dr. V. Sucheta, Consultant Medical Oncologist from 9 a.m. to 2 p.m. on all working days.



OTHER NEW INITIATIVES

- **BLOOD STORAGE** : The capacity of the VPIMS Blood Bank has been increased from 300 to 900 bags with the installation of a new Blood Bank Refrigerator with facilities to store as many as 600 bags of blood and RBC packs.
- **NEW LAB TEST** : The biochemistry Section of the Pathology Department has introduced estimation of LACTATE DEHYDROGENASE (LDH) at a very economical rate of Rs. 120/- per test (market rate being at least Rs. 200/-) as a prognostic marker in malignancies specially lymphomas.

STATE BANK OF INDIA DONATES RS.8.5 LACS TO VPIMS FOR OPHTHALMIC MICROSCOPE



Sri Yogesh Agrawal, Managing Director, S.B.I. Mumbai, on behalf of State Bank of India presented on 18th March, 2007 a cheque for Rs. 8.5 lacs to Swami Muktinathananda, Secretary, Vivekananda Polyclinic & Institute of Medical Sciences for an Ophthalmic Surgical Microscope to help provide latest eye treatment facility to the needy at low cost in the presence of Mayor, Dr. Dinesh Sharma, Sri Shiv Kumar, Chief General Manager and a host of senior officials of S.B.I., Lucknow. Consultants, Doctors and Officers of VPIMS were also present on the occasion.

POLICE CHOWKI

To facilitate dealing promptly with law & order issues related to hospital and its clients and personnel, a Police Chowki was inaugurated on 8th March, 2007 beside the entrance of Emergency Department of VPIMS.

RURAL HEALTH PROGRAMME

Programmed visits to HEERPUR ATARIA in Sitapur district on Wednesdays and Saturdays, MEHAURA and KATRA BAKKAS in Lucknow district on Mondays FN & AN and RAMVAN KUTIR in Barabanki district on Thursdays were continued by Vivekananda Polyclinic & Institute of Medical Sciences' Team comprising General physician, ophthalmologist, Gynecologist, Dental Surgeon, Ayurvedacharya, DNB Trainees and paramedical staff carrying requisite equipment and medicines. Following number of patients were treated :

Type	Allopathy	Gyn & Obs.	Eye	Dental	Ayurved	TOTAL
New	3669	148	1420	141	436	5814
Old	6824	196	1056	236	604	8916

CHARITY ACTIVITIES

- ✓ A Total of 633 patients were treated totally free as inpatients.
- ✓ In outpatients, 6,474 persons received totally free and 551 partially-free treatment.
- ✓ 470 cataract operations, including IOL Implantations and other cases were performed free.
- ✓ Smile Train Project continues to progress and 114 children having cleft lip and palate were operated free.

Math News

Following the worship of Lord Shiva throughout the night on the Maha Shiva Ratri, the 172nd Birth Anniversary of Bhagwan Sri Ramakrishna was celebrated at the Math through a week-long programme from 19th to 25th February, 2007. Special Puja, Havan, dawn to dusk Japa Yajna, devotional songs, distribution of Prasad & public meeting were followed by a series of discourses on Ram Charit Manas by Sri Uma Shanker Vyas of



Bareilly and a Spiritual Retreat conducted by Swami Nityashuddhanandaji Maharaj, Secretary, Ramakrishna Mission Ashram, Kankhal. Musical drama, Yogasana Demonstration, Film Show & Fire works etc. also constituted attractive features of the celebration.



On the 10th of March, Swami Sarvaganandaji Maharaj of Ramakrishna Math, Belur, presented a series of classical devotional songs with Tabla accompaniment by Sri Partha Pratim Mukherjee of Sangeet Natak Academy, Lucknow.



Holi Festival was celebrated at the Math with usual festivity amidst colours & Sankirtans followed by a discourse on the Life and Teachings of Sri Chaitanya Mahaprabhu by Swami Muktinathananda.

Sri Ramachandra Jayanti was celebrated at the Math with Special Puja, Havan, devotional songs etc. followed by a discourse on Ram Charit Manas by Swami Muktinathananda and Ram Nam Sankirtan. All the assembled devotees were also sumptuously fed with Prasad.

Upcoming Programme Calendar (Math) : April & May - 2007

Weekly Discourses

Sundays - 9:00 a.m.

April	1, 8, 15, 22, 29	On the Gospel of Sri Ramakrishna by Swami Muktinathananda
May	6, 13, 27	

Fridays - 10.00 a.m.

April	6, 13, 20, 27	On the Gospel of Sri Ma Sarada by Swami Muktinathananda
May	4, 11, 18, 25	

Fridays - After arati

April	6, 13, 20, 27	On Srimat Bhagavad Gita by Swami Muktinathananda
May	4, 11, 18, 25	

Other Festivals and Discourses

April

21	Saturday	Sri Shankaracharya Jayanti - Discourse after evening arati.
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May

2	Wednesday	Sri Buddhadev Jayanti - Discourse after evening arati.
16	Wednesday	Phalaharini Kali Puja - Special Puja after evening arati.

Sankirtan after Evening Arati

	Ramnam	Shyamnam	Devinam
April	14 (Sat), 28 (Sat)	2 (Mon)	17 (Tue)
May	13 (Sun), 27 (Sun)	2 (Wed), 31 (Thur)	16 (Wed)

Appeal

Continuance and expansion of the aforesaid activities of the Ramakrishna Math and Ramakrishna Mission Sevashrama, Lucknow largely depends on the benevolent participation of the noble-hearted. We, therefore, appeal to one and all to contribute their mite for selfless service of the common people. Any amount will be thankfully received and gratefully acknowledged. Contributions for the Math and the Mission may kindly be sent by M.O. or Cheque / Draft in favour of Ramakrishna Math, Lucknow or Ramakrishna Mission Sevashrama, Lucknow respectively. Donations are exempt from payment of Income Tax under Section 80G.

Ramakrishna Math & Ramakrishna Mission Sevashrama

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